



# Mini-STEPS Course

Simulation Training and Essential Procedural Skills

## About the Course:

Mini-STEPS (Critical STEPS) is a 1-day practical course covering the key aspects required for managing critically ill patients. This modern, unique and innovative course will teach you concepts, methods and skills including critical care procedures using hands-on workshops and extensive simulation scenarios.

Critical STEPS has been developed by a number of the convenors from 3 successfully run courses –

- ABC of Critical Skills Workshop (last 6 years)
- ICE Course, previously the Box Hill Course ICM course (last 10 years)
- RAPID Course (Responding Appropriately to Patients in Deterioration) - Frankston Hospital since 2015

## Mission Statement:

To deliver an exemplary course using hands-on procedural skills and simulation targeted at doctors-in-training, to help them develop skills and abilities in their management of the critically ill patient.

## Course Conveners:

- Dr Yogesh Apte, FCICM (Redcliffe Hospital)
- Dr Maximilian (Max) Moser, FCICM (Box Hill Hospital)
- Dr Ashwin(Ash) Subramaniam, FCICM (Frankston Hospital)

## Course Venue and Dates:

Bendigo Health Simulation Lab – Sept 1<sup>st</sup> 2017



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## Course Structure:

The course consists of interactive discussions and practical skills stations delivered by expert Faculty. This is followed by multiple immersive high-fidelity simulated scenarios with expert debriefing, which covers all aspects in managing critically ill patients. The course also has a very strong focus on team leadership and crisis resource management.

A certificate will be presented on completion of the course.

## Who will benefit the most?

This hands-on course is targeted at junior doctors interested in a career in critical care areas such as Emergency Medicine, Intensive Care Medicine, Anaesthesia, Peri-Operative and Acute Medicine.

It is also ideal for any interns, junior and senior Doctors-in-Training as well as senior clinicians who want to refresh their skills in the managing critically ill patients.

The inaugural Critical STEPPS Course was accredited for CME/MOPS points from CICM and ANZCA. RACP, ANZICS, Intensive Care Network, Life in the Fast Lane were all strong supporters of the course. We are in the process of obtaining support/endorsement from all of them again, including ACEM, RACP, ACRRM, RACGP etc.

## Course Cost:

**AUD \$500**